

Bean Monde Dip

1 cup Sour Cream

1 cup Hellman's mayonnaise

1 tsp Bean Monde

1/2 tsp dill seed

1/2 tsp garlic powder

1 pkg dried beef (chopped fine)

Mix altogether & let stand

for at least 2 hrs. Serve with
raw veg. really good with raw
Cauliflower.

Bean Monde by Spice Island
at Kroger

Peg Lach NFO